
MEMBERS HANDBOOK

An introductory
manual for the
members of
Diving Queensland

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CONTACT



The Board of Directors of Diving Queensland (Queensland Diving Association inc)

President - Paul Stafford
Vice President - Kevin Hall
Treasurer - Toni Toohey

Directors

- Erika Bax
- Chris Dormer
- Kevin Hall
- Di Smith
- Heidi Graymore

State Executive Director - Janne Ellis (*non-voting*)

All contact and correspondence is to be made via the State Executive Director

Staff - State Executive Director - Janne Ellis - execdir@divingqld.org.au

Competitions Committee:

Competitions Director - Di Smith
Members

- Sue Stafford
- Toni Toohey
- Heidi Graymore
- Alan Smith

Selection Panel

Selection Panel Convenor - Alan Smith
Panel

- Barbi Donnet-Carver
- Kevin Hall
- tba

Clubs

- **Donnet's Diving Club** divinginn@optusnet.com.au
www.donnetdivingqld.com
- **Paradise Diving Club** kevvyhall1@g.mail.com
www.paradisedivingclub.com
- **RAPS** alandi2@ozemail.com.au
www.raps.diving.asn.au
- **Chandler Diving Club** nkkbliss@yahoo.com.au
www.chandler.diving.asn.au

Contact:

PO Box 1088
Carindale Qld 4152

Sleeman Sports Centre
Cnr Old Cleveland & Tilley Roads
Chandler Qld 4155

Phone: 07) 3823 1389

Mobile: 0437 432 435 (Primary voice contact)

Web Site: www.divingqld.org.au

---See also the Member Protection Policy Manual for any additional information---

COMPETITIONS AND SQUADS

INTERNATIONAL COMPETITION

Eg Olympic Games
World Cup
Grand Prix etc

NATIONAL CHAMPIONSHIPS

Eg: National Open
National Elite Juniors
National Age

QUEENSLAND STATE CHAMPIONSHIPS

Eg State Open
State Elite Juniors
State Age

INTERSTATE CHAMPIONSHIPS

Eg: State Open
State Elite Juniors
State Age

CLUBS

*Competes at any
National and/or State
and/or Interstate
Championship*

NATIONAL TEAM

NATIONAL JUNIOR TEAM

NATIONAL DEVELOPMENT SQUAD

AUSTRALIAN INSTITUTE OF SPORT (AIS)

DIVING AUSTRALIA TALENT IDENTIFICATION SQUAD (DA NTID)

QUEENSLAND ACADEMY OF SPORT (QAS)

DQ STATE DEVELOPMENT SQUAD (SDS)

DIVING QUEENSLAND TALENT IDENTIFICATION SQUAD (DQ TID)

CALCULATIONS FOR ANNUAL AWARDS

The following awards shall be decided annually:

- Open Male Diver of the Year
- Open Female Diver of the Year
- Boys Junior A Diver of the Year
- Girls Junior A Diver of the Year
- Boys Junior B Diver of the Year
- Girls Junior B Diver of the Year
- Boys Junior C Diver of the Year
- Girls Junior C Diver of the Year
- Boys 16-18 Age Diver of the Year
- Girls 16-18 Age Diver of the Year
- Boys 14-15 Age Diver of the Year
- Girls 14-15 Age Diver of the Year
- Boys 12-13 Age Diver of the Year
- Girls 12-13 Age Diver of the Year
- Boys 11 & Under Age Diver of the Year
- Girls 11 & Under Age Diver of the Year
- Masters Male Diver of the Year
- Masters Female Diver of the Year

In order to be considered for an award the diver must compete in both Queensland State Championships and the relevant National Championships.

Awards will be calculated based on place finishes in individual events at the DQ State Championships and the relevant National Championships (ie Open, Elite Junior and Age) using the following points scale:

- 1st place = 5 points
- 2nd place = 4 points
- 3rd place = 3 points
- 4th place = 2 points
- 5th place = 1 point
- 1 bonus point for qualifying for and attending a National Championship event (1 point each for 1 metre, 3 metre and platform if deserved)
- 1 bonus point for achieving a National qualifying score at a National Championship event (1 point each for 1 metre, 3 metre and platform if deserved)

NOTE: When examining National Championship results Queensland divers will be ranked relatively in terms of their placings, with respect to the other Queensland divers in each event (eg 1st Queensland finisher, 2nd Queensland finisher, 3rd Queensland finisher) so that a 5-4-3-2-1 points distribution is guaranteed at National Championship events.

Accumulating points for each major category of awards (i.e. Open, Elite Junior, and Age) may be accomplished only as follows:

- At the award year's appropriate National Championships.
- At the Queensland State Championships that occurs immediately prior to the award year (eg November 2007 for the 2008 award year).

Ties will be broken by adding up and comparing the divers total points achieved in all their respective National Championship events (eg 335 on 1 metre + 350 on 3metre + 330 on platform = 1015 points). If one of the tied competitors competed on only 2 boards, the diver competing on 3 boards chooses which board he/she wishes to delete to obtain a total.

Divers who qualify as award winners in both the Age and Elite Junior categories will receive the Elite Junior award only. The Age award will then go to the next highest Age finisher. Divers qualifying as winners of the Elite Junior and Open awards will receive both awards.

DIVING QUEENSLAND STATE SQUAD SELECTION PROCESS

By end **July** each year - the selectors' committee meet to discuss the current rankings based on athletes performances in the following competitions:

- National Championships
- State Championships

The Squad size is to be 8 x elite athletes and 8 x age athletes, but may vary upon eligible athletes. Based on selection guidelines, a squad will be recommended to the DQ State Executive Director, so that correspondence can be forwarded to the selected athletes.

This squad will be reviewed quarterly by the selection committee. Reviews will include:

- Consideration of late inclusions into the squad
- Consideration of notification by athletes of prolonged injury of time out of diving
- Consideration of notification by athletes of withdrawal from the squad.

Athletes have the right to appeal selection decisions by the selection committee. Advice of any appeal must be received in writing to the State Executive Director. A response to any appeal will be advised within three (3) months of such appeal.

The SED will send a letter of advice and letter of acceptance to all potential squad members. Acceptance letters will be returned by the athlete to the SED by end **August** each year.

The ED will inform the selection committee of the final composition of the squad, based upon the return of information.

The DQ QSS will be announced at the DQ Annual Presentation function and Certificates will be issued to all squad members.

Names and Profiles of members of the squad will be published by the SED on the DQ website.

Uniforms of 1 of each item (Shirt/Shorts/Swimmers) will be distributed by the DQ Uniforms Officer to all members of the squad.

******* See also the DQ Competitions Handbook for more information *******

QUEENSLAND TEAM/SQUAD ASSISTANCE POLICY

Organisation

Diving Queensland via the State Executive Director and on the advice of the applicable officials, will arrange all/any "events" where the Squad is to be in attendance.

Uniforms

Unless otherwise arranged, each allocation of uniforms is confirmed as a one year cycle from time of initial distribution. Replacement uniforms due to loss or kept in disrepair, will require the individual to replace such items at their own cost. A resources order form will be distributed at the time of selection, and is to be returned to the State Executive Director for processing. (*See Resources Order Form*). Each member of the Squad is expected to wear the uniform as supplied at all State and/or National Championships or other interstate event.

The Uniforms Officer will order, arrange for payment, distribute, and any other necessity required for individuals to be properly outfitted in Diving Queensland uniforms.

Invoices

Where necessary, Diving Queensland will provide each participant with an invoice for payment to be made to DQ with thirty (30) days notice if possible. The invoice will be fully itemised including any DQ charges and subsidies.

Branding

The Diving Queensland logo will always be placed on the appropriate uniform items, and any sponsors logos as appropriate. The QAS logo will be placed if and as required by the QAS.

Media and Promotion

Unless a specific officer has been charged with the responsibility of Media and Promotions, a travelling Coach or Manager will be responsible for advising any results to appropriate media outlets eg AAP for distribution to local newspapers and any major daily outlets. All results are to be conveyed to the responsible officer for updating the DQ web site.

ASSISTANCE SCHEDULE - Athletes

Type	Uniforms	Other
State Development Squad	<ul style="list-style-type: none">• Shirt• Track Suit at cost	<ul style="list-style-type: none">• \$200 contribution towards massage or physiotherapy or allied health services upon receipt of those services• \$200 contribution towards travel and accommodation costs for a national competition• Additional training opportunities• Opportunity to participate in SDS events including special clinics and social activities• 1 x DQ Awards function recognition

(The Board reserves the right to alter this schedule as required)

ANTI-HARASSMENT POLICY

Policy

DQ aims to provide a sport environment where all those involved in its activities are treated with dignity and respect, and without harassment or discrimination.

DQ recognises that all those involved in its activities cannot enjoy themselves, perform to their best, or be effective or fully productive if they are being treated unfairly, discriminated against or harassed because of their age, disability, family responsibilities, gender identity, homosexuality or sexual orientation, irrelevant medical or criminal record, marital status, political belief, pregnancy or breastfeeding, race, religion, sex, social origin and/or trade union membership/activity.

DQ prohibits all forms of harassment and discrimination based on personal characteristics listed in the Dictionary. Discrimination and harassment are extremely distressing, offensive, humiliating and/or threatening and create an uncomfortable and unpleasant environment. In most circumstances discrimination and harassment are against the law.

Descriptions of some of the types of behaviour which could be regarded as harassment or discrimination are provided in the Dictionary at clause 11.

If any person feels they are being harassed or discriminated against by another person or organisation bound by this policy, please refer to our complaints procedure outlined in the relevant attachment of this policy. This will explain what to do about the behaviour and how DQ will deal with the problem.

To read the entire Policy, please visit the Diving Queensland web site

<http://www.divingqld.org.au/about-dq/policy-documents/diving-queensland-member-protection-policy>

END *(of the Anti-Harassment Policy)*

CODES OF CONDUCT

Athlete

- Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials and sledging other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your coach, team mates and opponents. Without them there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

Officials

- Modify rules and regulations to match the skill levels and needs of young people.
- Compliment and encourage all participants.
- Be consistent, objective and courteous when making decisions.
- Condemn unsporting behaviour and promote respect for all opponents.
- Emphasise the spirit of the game rather than the errors.
- Encourage and promote rule changes, which will make participation more enjoyable.
- Be a good sport yourself. Actions speak louder than words.
- Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Place the safety and welfare of the participants above all else.
- Give all young people a 'fair go' regardless of their gender, ability, cultural background or religion.

Coaches

- Remember that young people participate for pleasure and winning are only part of the fun.
- Never ridicule or yell at a young player for making a mistake or not coming first.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Operate within the rules and spirit of your sport and teach your players to do the same.
- Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- Avoid overplaying the talented players; the just average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage your players to do the same.
- Show concern and caution toward sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Parent

- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performances and skilful plays by all participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Spectators

- Remember that young people participate in sport for their enjoyment and benefit, not yours.
- Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
- Respect the decisions of officials and teach young people to do the same.
- Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
- Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players.
- Show respect for your team's opponents. Without them there would be no game.
- Encourage players to follow the rules and the officials' decisions.
- Do not use foul language, sledge or harass players, coaches or officials.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

End (of Codes of Conduct)

ANCILLARY INFORMATION

REGISTRATION FORM 2010/2011

Click on the link www.divingqld.org.au/about-dq/download-forms/ and download the Registration Form.

CLUB TRANSFER FORM

Click on the link www.divingqld.org.au/about-dq/download-forms/ and download the Club Transfer Form

UNIFORM ORDER FORM

Click on the link www.divingqld.org.au/about-dq/download-forms/ and download the Uniform Order Form