



**Queensland
Government**

Department of
Sport and Recreation



Queensland
Academy of Sport
Queensland Government



2010 JUNIOR ELITE STATE CHAMPIONSHIPS

Saturday, 17th April 2010

Sunday, 18th April 2010

PROGRAM

ORDER OF EVENTS

Saturday 17th April 2010

Warm-up 8.00am

Competition begins 8.30 sharp

Event

1.	NTID	L 1	Boys & Girls	1 & 3 Metre
2.	Junior	B	Boys & Girls	Platform
3.	Junior	A	Boys & Girls	3 Metre
4.	Junior	C	Boys & Girls	1 Metre
5.	Junior	B	Boys & Girls	3 Metre
6.	Junior	A	Boys & Girls	1 Metre
7.	Junior	C	Boys & Girls	Platform

Approximate finish time 4.15pm

Sunday 18th April 2009

Warm-up 8 am

Competition starts 8.30am sharp:

8.	Junior	A	Boys & Girls	Platform
9.	Junior	B	Boys & Girls	1Metre
10.	Junior	C	Boys & Girls	3 Metre
11.	Junior Synchronise		Boys & Girls	3 Metre

Finish approximately 12.30pm

DAY 1 - Saturday 17th April 2010

EVENT 1.

NTID LEVEL 1

1.	Sean Cottrill	Taylor Diving	WA
2.	Kathleen Sullivan	Taylor Diving	WA
3.	Georgia Sheehan	Donnet	
4.	Tess Hannah	Donnet	
5.	Sally Hackett	Taylor Diving	WA
6.	Madeline Wu	Donnet	
7.	Kelsey Ruscoe	Arrows	WA

EVENT 2

Junior B Platform Boys

1.	Matthew Barnard	Donnet/QAS	
2.	James Connor	Gannets/VIS	
3.	Kyle Lovell	Parramatta	NSW
4.	Matt Skennar	Paradise	
5.	Luke Clohessy	Donnet	

Junior B Platform Girls

1.	Elizabeth Nicolson	R.A.P.S/TID	
2.	Emily Boyd	Donnet	
3.	Nicole Swanepoel	Donnet	
4.	Brittany Broben	Paradise/QAS	
5.	Beth Alexandra	Diving Central West/NSWIS	
6.	Taneka Kovchenko	R.A.P.S/QAS	
7.	Sherilyes Gowlett	Donnet/TID	

EVENT 3

Junior A 3 Metre Boys

1.	Jordan Weymark	Donnet	
2.	Jesse Carver	Donnet	
3.	Marcus Gangell	R.A.P.S/QAS	

Junior A 3 Metre Girls

1.	Victoria Hunt	HUDA	
2.	Marlee Barber	Parramatta	NSW
3.	Jasmine Matkovic	Chandler	
4.	Rebecca Stafford	R.A.P.S	

EVENT 4	Junior C 1 Metre Boys		
1	Freddie Pryor	Parramatta	NSW
2	Keelan Bilton-Philps	R.A.P.S/TID	

Junior C 1 Metre Girls

1.	Lara Tarvit	R.A.P.S /TID	
2.	Tamara Ambrose	NSWIS	
3.	Genevive de la Motte	NSWIS	

Lunchbreak (30 minutes)

EVENT 5	Junior B 3 Metre Boys		
1	Matt Skennar	Paradise	
2	Luke Clohessy	Donnet/TID	
3.	Kyle Lovell	Parramatta	NSW
4.	Matthew Barnard	Donnet/QAS	
5.	James Connor	Gannet/VIS	

Junior B 3 Metre Girls

1.	Brittany Broben	Paradise	
2.	Emily Boyd	Donnet	
3.	Elizabeth Nicolson	R.A.P.S	
4.	Sherilyse Gowlett	Donnet/TID	
5.	Nicole Swanepoel	Donnet/TID	
6.	Taneka Kovchenko	R.A.P.S/QAS	
7.	Ashley de Muelenaere	R.A.P.S/QAS	
8.	Beth Alexander	NSWIS	

EVENT 6	Junior A 1 Metre		
1	Jesse Carver	Donnet	
2	Jordan Weymark	Donnet	
3	Marcus Gangell	R.A.P.S	

Junior A 1 Metre

1.	Jasmin Matkovic	Chandler	
2.	Marlee Barber	Parramatta	NSW
3.	Rebecca Stafford	R.A.P.S	
4.	Victoria Hunt	HUDA	
5.	Hannah Thek	Gannets/VIS	

EVENT 7**Junior C Platform Boys**

- | | | | |
|----|----------------------|------------|-----|
| 1. | Freddie Pryor | Parramatta | NSW |
| 2. | Keelan Bilton-Philps | R.A.P.S | |

Junior C Girls

- | | | | |
|----|----------------------|---------|--|
| 1. | Tamara Ambrose | NSWIS | |
| 2. | Genevive de la Motte | NSWIS | |
| 3. | Lara Tarvit | R.A.P.S | |

DAY 2 - Sunday 18th April 2010**EVENT 8****Junior A Platform Boys**

- | | | | |
|----|----------------|---------|--|
| 1. | Jesse Carver | Donnet | |
| 2. | Marcus Gangell | R.A.P.S | |

Junior A Platform Girls

- | | | | |
|----|------------------|---------------|-----|
| 1. | Rebecca Stafford | R.A.P.S | |
| 2. | Marlee Barber | Parramatta | NSW |
| 3. | Jasmine Matkovic | Chandler | |
| 4. | Hannah Thek | Gannets/NSWIS | |

EVENT 9**Junior B 1 Metre Boys**

- | | | | |
|----|-----------------|------------|-----|
| 1. | Kyle Lovell | Parramatta | NSW |
| 2. | Matthew Barnard | Donnet | |
| 3. | Matt Skennar | Paradise | |
| 4. | Luke Clohessy | Donnet | |
| 5. | James Conner | Gannets | |

Junior B 1Metre Girls

- | | | | |
|----|----------------------|--------------|--|
| 1. | Beth Alexander | NSWIS | |
| 2. | Ashley de Muelenaere | R.A.P.S/QAS | |
| 3. | Elizabeth Nicolson | R.A.P.S/TID | |
| 4. | Emily Boyd | Donnet/ TID | |
| 5. | Nicole Swanepoel | Donnet/TID | |
| 6. | Brittany Broben | Paradise/QAS | |
| 7. | Taneko Kovchenko | R.A.P.S/QAS | |
| 8. | Sherilyse Gowlett | Donnet/TID | |

EVENT 10**Junior C 3 Metre Boys**

- | | | | |
|----|---------------------|------------|-----|
| 1. | Keelan Bilton-Philp | RAPS | |
| 2. | Freddie Pryor | Parramatta | NSW |

Junior C 3 Metre Girls

- | | | | |
|----|----------------------|------------|-----|
| 1. | Lara Tarvit | R.A.P.S | |
| 2. | Tamara Ambrose | Parramatta | NSW |
| 3. | Genevive de la Motte | NSWIS | |

EVENT 11**Junior Boys Synchronised 3 Metre**

- | | | |
|----|---------------------|---------|
| 1. | Jesse Carver | Donnet |
| | Jordan Weymark | Donnet |
| 2. | Luke Clohessy | Donnet |
| | Keelan Bilton-Philp | R.A.P.S |

Junior Girls Synchronised 3 Metre

- | | | |
|----|----------------------|----------|
| 1. | Elizabeth Nicolson | R.A.P.S |
| | Nicole Swanepoel | Donnet |
| 2. | Genevive de la Motte | NSWIS |
| | Tamara Ambrose | NSWIS |
| 3. | Jasmine Matkovic | Chandler |
| | Rebecca Stafford | R.A.P.S |

JUDGING AND TERMINOLOGY

JUDGES SCORES

Points or half points shall be awarded from 0 - 10 according to the opinion of the judges and the following table

• Excellent	10.0	Points
• Very good	8.5 - 9.5	Points
• Good	7.0 - 8.0	Points
• Satisfactory	5.0 - 6.5	Points
• Deficient	2.5 to 4.5	Points
• Unsatisfactory	0.5 to 2.0	Points
• Completely failed	0	Points

The points a judge considers are:

The run or take off, the technique and grace of the dive during the passage through the air, the entry into the water

CALCULATING SCORES FOR INDIVIDUAL EVENTS

The scoring secretaries shall cancel the highest and lowest awards. When two or more awards of those that are to be cancelled are equal, either of them may be cancelled

The secretaries shall independently state the total of the remaining awards and multiply it by the degree of difficulty to determine the score of the dive

In competitions where there are 7 judges the score shall be divided by 5 and then multiplied by 3 (or multiplied by 0.6) in order to establish a comparable score obtained in competitions where there are 5 judges

EXAMPLE:

<u>5 Judges Awards:</u>	Total x Difficulty Score
8, 7, 7, 7, 6.5	21 x 2.0 = 42. 0
<u>7 Judges Awards:</u>	Total x Difficulty Divide by 5 & x 3 Score
8, 7, 7, 7, 7, 7, 6. 5	35 x 2. 0 = 70 divided by 5 x 3 = 42. 0

CALCULATING SCORES FOR SYNCHRONISED EVENTS.

The judge's awards shall be dictated one by one in the same consecutive order to the first secretary, who shall place them on its score sheet and cancel the highest and lowest awards given for execution and the highest and lowest awards for synchronisation

When two or more awards of those that are to be cancelled for execution are equal, either of them can be cancelled and when two or more awards of those that are to be cancelled for synchronisation are equal, either of them may be cancelled

In order to facilitate the scoring computations a computer or slide calculator chart may be used

The final result shall be obtained from the list of results and entered in the main minutes at the end of the competition. The final result shall be announced by the Announcer

JUDGING

As you watch more and more diving, especially at the elite level, you will observe that although several divers may do exactly the same dive, it never looks quite the same. This is because each individual has different mannerisms, characteristics of movement, strengths and sense of timing - which all add up to an abstract but observable style

Style is difficult to assess by any other standard except whether you like it or not. Primarily, this is why it is so hard to judge competitive diving. Even though there are certain criteria of execution which all divers must meet, evaluation still remains a subjective process. A dive is scored between 0 and 10 points

In judging a dive, certain parts are analysed. They are:

Approach should be smooth and continuous showing good form

Take off must show control and balance, the proper angle of landing and leaving for the dive being attempted

Elevation the amount of spring or lift a diver receives from the take off greatly effects the appearance of the dive. Since more height means more time, a higher dive generally affords greater accuracy and smoothness of movement

Entry is significant as the last thing the judges see and the part best remembered. The two important criteria are the angle of entry, which should be vertical, and the amount of splash which should be minimal

SPECTATORS GUIDE TO DIVING

There are six different groups of platform and springboard dives. The first four types involve rotating in different directions relative to the board. The fifth group includes any dive with a twist. The final group, used in platform diving, begins with an armstand

Forward Group.

The diver faces the front of the board and rotates towards the water. Dives vary from the simple front dive to the difficult four and one half somersaults.

Backward Group

All dives in the backward group begin with the diver on the end of the board with the back to the water. The direction of rotation is away from the board

Reverse Group.

The diver stands on the end of the board, facing the front of the board and, using a forward approach, the diver rotates toward the board

Inward Group.

The diver stands on the end of the board, back to the water, and rotates towards the board, or opposite of the backward group's movement

Twisting Group

Any dive with a twist is included in this group. Twisting dives can be forward, backward, reverse and inward

Armstand Group.

In platform diving, there is a sixth, unique group in which the diver assumes a handstand position on the edge of the platform before executing the dive

BODY POSITIONS.

When each type of dive is performed, the diver utilises one of more of the four different types of body positions

Tuck.

The body is bent at the waist and knees, the thighs are drawn to the chest while the heels are kept close to the buttocks.

Pike

The legs are straight with the body bent at the waist. The arm position is dictated by the particular dive being done or by the choice of the diver

Straight

This position requires that there is no bend at the waist or knees. The arm position is dictated by the dive or by the choice of the diver

Free

This is not an actual body position but a diver's option to use any of the other three positions or a combination when performing a dive which includes somersaults and twists. For dives of this kind, the tuck position is rarely used, and combination of straight and pike positions are more common

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