



**Queensland
Government**

Department of
Sport and Recreation



Queensland
Academy of Sport
Queensland Government



STATE OPEN CHAMPIONSHIPS for 2010

Sunday 20th December 2009

Monday 21st December 2009

PROGRAMME

ORDER OF EVENTS

Sunday 20th December 2009

Warm-Up

10.00am – 11.00am

Start 11.00am

1	Event 1	Men & Women Platform
2	Event 2	Men's 1 Metre
3	Event 3	Women's 3 Metre
4	Event 4	Men's & Women's 3 Metre Synchro

Monday 21st December 2009

Warm-Up

8.00am – 9.00am

Start 9.00 AM

1	Event 5	Men's & Women's Synchro Platform
2	Event 6	Women's 1 Metre
3	Event 7	Men's 3 Metre

COMPETITORS

Gemma	ALLINSON	Chandler Diving Club/QAS
Matthew	BARNARD	Donnet/QAS
Brittany	BROBEN	Paradise Diving Club/QAS
Jesse	CARVER	Donnet Diving Club
Bree	COLE	AIS/VIS
Ashley	de MUELENAERE	RAPS/QAS
Matthew	DUFFY	Paradise Diving Club
Marcus	GANGELL	RAPS/QAS
Taneka	KOVCHENKO	RAPS/QAS
Elizabeth	NICOLSON	RAPS/NTID
Esther	QIN	Parramatta/NSW
Scott	ROBERTSON	Whitehorse Diving Club/AIS
Sharleen	STRATTON	Donnet/AIS
Nicole	SWANEPOEL	Donnet/NTID
Ethan	WARREN	Donnet/AIS
Olivia	WRIGHT	Perfect 10/AIS
Melissa	WU	Perfect 10/AIS

DAY 1

EVENT 1 – 11.00am

Men's Platform

1	Marcus	GANGELL	_____
2	Matthew	BARNARD	_____
3	Ethan	WARREN	_____

Women's Platform

1	Bree	COLE	_____
2	Gemma	ALLINSON	_____
3	Nicole	SWANEPOEL	_____
4	Elizabeth	NICOLSON	_____
5	Taneka	KOVCHENKO	_____
6	Melissa	WU	_____
7	Brittany	BROBEN	_____

EVENT 2

Men's 1 Metre

1	Scott	ROBERTSON	_____
2	Ethan	WARREN	_____
3	Jesse	CARVER	_____

EVENT 3

Women's 3 Metre

1	Gemma	ALLINSON	_____
2	Elizabeth	NICOLSON	_____
3	Brittany	BROBEN	_____
4	Sharleen	STRATTON	_____
5	Esther	QIN	_____
6	Ashley	De MUELENAERE	_____
7	Bree	COLE	_____
8	Taneka	KOVCHENKO	_____

EVENT 4

Men's 3 Metre Synchro

1	Scott	ROBERTSON	_____
1	Ethan	WARREN	_____

Women's 3 Metre Synchro

1	Olivia	WRIGHT	_____
1	Sharleen	STRATTON	_____
2	Ashley	de MUELENAERE	_____
2	Taneka	KOVCHENKO	_____
3	Elizabeth	NICOLSON	_____
3	Nicole	SWANEPOEL	_____
4	Brittany	BROBEN	_____
4	Esther	QIN	_____

DAY 2

EVENT 5 – 9.00am

Men's Synchro Platform

1	Matthew	BARNARD	_____
1	Marcus	GANGELL	_____

Women's Synchro Platform

1	Bree	COLE	_____
1	Melissa	WU	_____
2	Elizabeth	NICOLSON	_____
2	Nicole	SWANEPOEL	_____

EVENT 6

Women's 1 Metre

1	Sharleen	STRATTON	_____
2	Brittany	BROBEN	_____
3	Taneka	KOVCHENKO	_____
4	Nicole	SWANEPOEL	_____
5	Esther	QIN de	_____
6	Ashley	MUELENAERE	_____
7	Elizabeth	NICOLSON	_____

EVENT 7

Men's 3 Metre

1	Matthew	BARNARD	_____
2	Marcus	GANGELL	_____
3	Scott	ROBERTSON	_____
4	Jesse	CARVER	_____
5	Ethan	WARREN	_____
6	Matthew	DUFFY	_____

JUDGING AND TERMINOLOGY

JUDGES SCORES

Points or half points shall be awarded from 0 - 10 according to the opinion of the judges and the following table

• Excellent	10	Points
• Very good	8.0 to 9.5	Points
• Good	7.0 to 8.0	Points
• Satisfactory	5.0 to 6.0	Points
• Deficient	2.5 to 4.5	Points
• Unsatisfactory	0.5 to 2.0	Points
• Completely failed	0	Points

The points a judge considers are:

The run or take off, the technique and grace of the dive during the passage through the air, the entry into the water

CALCULATING SCORES FOR INDIVIDUAL EVENTS

The scoring secretaries shall cancel the highest and lowest awards. When two or more awards of those that are to be cancelled are equal, either of them may be cancelled

The secretaries shall independently state the total of the remaining awards and multiply it by the degree of difficulty to determine the score of the dive

In competitions where there are 7 judges the score shall be divided by 5 and then multiplied by 3 (or multiplied by 0.6) in order to establish a comparable score obtained in competitions where there are 5 judges

EXAMPLE:

<u>5 Judges Awards:</u>	Total x Difficulty Score
8, 7, 7, 7, 6.5	$21 \times 2.0 = 42.0$
<u>7 Judges Awards:</u>	Total x Difficulty Divide by 5 & x 3 Score
8, 7, 7, 7, 7, 7, 6.5	$35 \times 2.0 = 70$ divided by $5 \times 3 = 42.0$

CALCULATING SCORES FOR SYNCHRONISED EVENTS.

The judge's awards shall be dictated one by one in the same consecutive order to the first secretary, who shall place them on its score sheet and cancel the highest and lowest awards given for execution and the highest and lowest awards for synchronisation

When two or more awards of those that are to be cancelled for execution are equal, either of them can be cancelled and when two or more awards of those that are to be cancelled for synchronisation are equal, either of them may be cancelled

In order to facilitate the scoring computations a computer or slide calculator chart may be used

The final result shall be obtained from the list of results and entered in the main minutes at the end of the competition. The final result shall be announced by the Announcer

JUDGING

As you watch more and more diving, especially at the elite level, you will observe that although several divers may do exactly the same dive, it never looks quite the same. This is because each individual has different mannerisms, characteristics of movement, strengths and sense of timing - which all add up to an abstract but observable style

Style is difficult to assess by any other standard except whether you like it or not. Primarily, this is why it is so hard to judge competitive diving. Even though there are certain criteria of execution which all divers must meet, evaluation still remains a subjective process. A dive is scored between 0 and 10 points

In judging a dive, certain parts are analysed. They are:

Approach should be smooth and continuous showing good form

Take off must show control and balance, the proper angle of landing and leaving for the dive being attempted

Elevation the amount of spring or lift a diver receives from the take off greatly effects the appearance of the dive. Since more height means more time, a higher dive generally affords greater accuracy and smoothness of movement

Entry is significant as the last thing the judges see and the part best remembered. The two important criteria are the angle of entry, which should be vertical, and the amount of splash which should be minimal

SPECTATORS GUIDE TO DIVING

There are six different groups of platform and springboard dives. The first four types involve rotating in different directions relative to the board. The fifth group includes any dive with a twist. The final group, used in platform diving, begins with an armstand

Forward Group.

The diver faces the front of the board and rotates towards the water. Dives vary from the simple front dive to the difficult four and one half somersaults.

Backward Group

All dives in the backward group begin with the diver on the end of the board with the back to the water. The direction of rotation is away from the board

Reverse Group.

The diver stands on the end of the board, facing the front of the board and, using a forward approach, the diver rotates toward the board

Inward Group.

The diver stands on the end of the board, back to the water, and rotates towards the board, or opposite of the backward group's movement

Twisting Group

Any dive with a twist is included in this group. Twisting dives can be forward, backward, reverse and inward

Armstand Group.

In platform diving, there is a sixth, unique group in which the diver assumes a handstand position on the edge of the platform before executing the dive

BODY POSITIONS.

When each type of dive is performed, the diver utilises one of more of the four different types of body positions

Tuck.

The body is bent at the waist and knees, the thighs are drawn to the chest while the heels are kept close to the buttocks.

Pike

The legs are straight with the body bent at the waist. The arm position is dictated by the particular dive being done or by the choice of the diver

Straight

This position requires that there is no bend at the waist or knees. The arm position is dictated by the dive or by the choice of the diver

Free

This is not an actual body position but a diver's option to use any of the other three positions or a combination when performing a dive which includes somersaults and twists. For dives of this kind, the tuck position is rarely used, and combination of straight and pike positions are more common

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