

CODES OF CONDUCT

Athlete

- Be proud to be a Diving Queensland Athlete – it is an honour to represent your State as an athlete so wear Queensland colours with pride.
- Ensure that you have read the uniform requirements, and have the correct uniform available and ready at the right times (e.g. for Opening Ceremony, March-On's and Medal Presentations). Present yourself with a high standard of professionalism.
- Respect your teammates, coaches, officials, parents, team managers and opponents.
- Always play by the rules – winning fairly is the only true win!
- Train and compete to your very best ability always!
- Treat all participants in your sport as you like to be treated.
- Never argue with an official. If you have a complaint, approach your coach who will follow the appropriate complaint process for you.
- Respect and kindness is most important in every situation. Verbal abuse, derogatory language to other players, deliberately distracting or provoking an opponent, and bullying will not be accepted and will result in serious consequences, which could include being removed from the team.
- Be a good sport and great team player! Applaud your team, encourage them regularly, motivate and support each other at any opportunity.
- If you ever have any situation that makes you feel uncomfortable, please approach your appropriate team manager, your coach, or Diving Queensland, for support immediately.
- Your coach is one of the most important people in your success – remember this and treat them with the honour and respect they deserve.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Have fun!

Officials

- Keep in mind the importance of your position – which is to do what is best for the athlete and the sport.
- Abide by all rules and regulations set for you in your position by the governing body.
- Be a positive presence at all times.
- Compliment and encourage all team players where appropriate.
- Work within your officiating team as a positive, respectful and inclusive team player.
- Be consistent, objective and courteous when making decisions.
- Play fair. There will be no tolerance for unfair or biased behaviour.
- Follow appropriate complaint processes if any evidence of unfair play, cheating, bullying, harassment, or abuse of any kind is witnessed.
- Emphasise the positive spirit of the game, rather than the errors.
- Be available for discussion and contribution on any rule changes, event execution or improvement opportunities for the sport.
- Be a good sport - Actions speak louder than words.
- Keep up to date with the latest rule changes and information in officiating.
- Ensure your necessary accreditations are up-to-date.
- Place the safety and welfare of all participants above all else.
- Treat all people fairly, regardless of their gender, ability, cultural background or religion.

Coaches

- Ensure you create a calm, positive and encouraging environment for your athletes at all times.
- Make all decisions based on what is for the best of the athlete and the sport.
- Encourage and praise effort, over ability.
- Never ridicule or yell at an athlete. Discipline and correction should be done in a firm yet appropriate manner.
- Ensure that you keep informed of all Sports Integrity information and practices for safeguarding.

- Follow appropriate actions for complaints processes, via the correct contacts.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Operate within the rules and spirit of your sport and teach your players to do the same.
- Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- Avoid overplaying the talented players. Practice and encourage fair play to all athletes.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage your players to do the same.
- Show concern and caution toward sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Parent

- Aim to create a positive, encouraging and fun environment for your child within sport.
- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performances and skilful plays by all participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Spectators

- Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the game's outcome.
- Remember that young people participate in sport for their enjoyment and benefit, not yours.
- Respect the decisions of officials and teach young people to do the same.
- Use positive comments for motivation. Never ridicule or scold an athlete for making a mistake.
- Report, via appropriate channels, any individual for any form of violence, unfair play, bias, or abuse in any form, whether it is by spectators, coaches, officials or players.
- Show respect for your team/child's opponents.
- Encourage players to follow the rules.
- Do not use foul language, sledge or harass players, coaches or officials.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion

End (of Codes of Conduct)